

IMAFP – Mexico is alive and well !

Seminars with Dayang Guro Edessa Ramos
August 15 – 17, 2005

Locations: *San Luis Potosi* and *Huajuapán de León*

Total number of participants: around 50

Media: coverage in martial arts magazine



Seminar in Huajuapán de León, Oaxaca province

Afternoon: Children and Youth Seminar



- young people are a joy to teach; they are smart, they pay attention, they have no negative egos



- with Karate Master Francisco Castillo (L) and Sinuhe Martinez (R)



- autographing Gi uniforms, a nice tradition

Evening: Regular Seminar





- I taught hard techniques with disarms/take-downs, doble-isa reaction drill, dulo-dulo self-defense. During the break, I taught modular knife (Bram's system) to 2 advanced students (Lameco background). No coffee break for me. (Don't I look tired? Well... 6-hour bus ride, followed by 2 seminars...)



- some relaxation at last (they gave me a mexican dress to wear)

Seminar in San Luis Potosi



- they are beginners in modern arnis, but advanced in other martial arts (kung fu, kickboxing)



- I always end with takedowns and ground locks. They learn fast.

- Whenever someone doubted the technique, I threw him down. *Any more questions? (Short-tempered pala ako pag pagod na)*

Last Two Days for Cultural Tour



Remember the movie trilogy “El Mariachi, Desperado, Once Upon A Time in Mexico”? This is it! *Huajuapán de León.*



Mexico City. Culturally rich, similar in heritage and history to our Manila/Intramuros.



The cafe where Frida Kahlo and other artists/rebels/Intellectuals had their meetings