

30. January

TNT COMBAT 2010



TNT MEMBERS AND FMA ENTHUSIASTS,

We start the new year with a series of special seminars that cover various topics in self-defense and combat arts. The first one will deal with "control and restraint" techniques. We will teach series of applications with and without weapons, including completely new material. We strive to deepen and improve existing knowledge as well as learn new approaches.

Date: January 30, 2010

Time and place: 09.30 - 12.30 in GZ Buchegg, Bucheggstr. 93, 8057 Zürich

Cost: 60 sfr (50 sfr for members)





**TRAIN DEFENSIVE,
FIGHT OFFENSIVE,
WIN DECISIVE.**

Photo by Reto Holzer

GM Frank Sobrino in April

We are pleased to announce the next visit of GM Frank Sobrino this coming April. More details will follow in the coming weeks. Seminars will cover Dumog, WEDO flows and techniques, and additional weapons applications (sticks, blade, empty hand, sarong, and de salon techniques). We will also organize a special shooting seminar (for TnT members and chosen guests only). Since GM Frank is also invited by his students in Italy, he will have a longer visit and can give private lessons to interested students. (For fees and reservations, please email WEDO Coordinator Robert Ramos at Robert.Ramos@tntarnis.ch).



2009 in Retrospect

The year was marked by the visits of our grandmasters, namely GM Frank Sobrino, GM Bram Frank, and GM Cristino Vasquez. Their visits helped us to consolidate the TnT curriculum and deepen our understanding of the Filipino Martial Art of WEDO, Tactical Combatives, and Modern Arnis. TnT members and students made great progress in these FMA styles and systems that we practice. TnT members and instructors successfully passed grading exams and were awarded ranks by the grandmasters. A copy of the curriculum is now available to members only.

In October, the TnT Demo team taught a workshop at the Lernfestival in Zurich, where TnT introduced its philosophy and method of self-defense to the public. In November, TnT started collaboration with the Arnis Club (Zug and Zurich), led by Jeff Panes, a student of Guro Edessa. The Arnis Club is the perfect beginning for FMA aspirants from 0 to brown belt level.

In December, Instructors Edessa and Robert taught modular knife, dulo-dulo and sangut to arnis students of the VfB Friedrichshafen.

Our CSSDSC and IMAFP websites continue to thrive online, thanks to Reto and Tobias.

Happy New Year!

TnT Sends Emergency Relief Donations

In behalf of the Cordillera people, the Serve the People Brigade sends its gratitude to TnT for donations that helped to house and feed hundreds of survivors of Typhoon Pepeng. To date, relief missions, medical missions, and rehabilitation activities in remote villages are still underway. The Cordillera mountain ranges of northern Luzon are the hardest hit areas of recent typhoons in the Philippines. Isolated villages and indigenous communities appealed for emergency relief assistance. TnT responded by dedicating one of its seminars to this relief effort. The donation was sent via Western Union directly to the Serve the People Brigade.



THE DESANGUT FIXED BLADE BY BRAM FRANK

GM Bram Frank took the traditional *sangut* and, inspired by the traditional applications of Guro Edessa Ramos, adapted it to the needs of the tactical environment. This custom-made edition is handmade by famous knife maker Martin Stierlin, limited to 100 pieces only.



FIGHTWEAR UPDATES

Polo shirts
TnT challenge coins
TnT patches
TnT Arnis uniforms
Weapons bag
Bram Frank knives
Training weapons

TnT members enjoy special prices.

Order from:
info@tntarnis.ch

2009 RANK CERTIFICATIONS

- Guro Edessa Ramos - 5. Dan Combat Arnis, 5. Dan Modern Arnis, 3. Dan WEDO
- Robert-Alexander Ramos - 2. Dan Combat Arnis, 2. Dan Modern Arnis, 1. Dan WEDO
- Reto Holzer - 1. Dan Combat Arnis
- Patrick Nyffeler - 1. Dan Modern Arnis, CSSDSC brown belt and Instructor 1
- Roger Walter - CSSDSC brown belt and Instructor 1
- Tobias Moemke - 1. Dan Modern Arnis (Combat Arnis ranks are awarded by CSSDSC. Modern Arnis ranks are awarded by IMAFP).